African Cultures
Arab, Ashanti, Bantu, & Swahili
Standards

SS7G4 The student will describe the diverse cultures of the people who live in Africa.

a. Explain the differences between an ethnic group and a religious group.
b. Explain the diversity of religions within the Arab, Ashanti, Bantu, and Swahili ethnic groups.
Teachers

Print off the following page for each student. They should complete the graphic organizer while discussing the presentation.

*I have them fill it out as we go, and when we get to the “Let’s Review” slides, they fill in what they might have missed.
<table>
<thead>
<tr>
<th>Ethnic Group</th>
<th>Location</th>
<th>Ancestry</th>
<th>Religion</th>
<th>Language</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arab</td>
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<tr>
<td>Ashanti</td>
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<td>Bantu</td>
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<td>Swahili</td>
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<tr>
<td>Arab</td>
<td>Northern Africa</td>
<td>Migrated from Southwest Asia; trading gold and salt in camel caravans</td>
<td>Mostly Muslim</td>
<td>Arabic</td>
</tr>
<tr>
<td>Ashanti</td>
<td>Ghana &amp; Ivory Coast</td>
<td>Kingdom began in 1701 when Golden Stool united clans</td>
<td>Traditional African religions – belief in supreme god, natural spirits (animism), and Golden Stool as the source of the peoples’ power -Some Christianity &amp; Muslim</td>
<td>Asante (Twi)</td>
</tr>
<tr>
<td>Bantu</td>
<td>Central &amp; Southern Africa</td>
<td>Migrated from south of Sahara 2,000 years ago</td>
<td>Some Muslim, some Christian, some animist</td>
<td>Bantu family of languages (over 650)</td>
</tr>
<tr>
<td>Swahili</td>
<td>Eastern Africa (Kenya, Tanzania, Mozambique)</td>
<td>Arab traders from Southwest Asia blended with local African people</td>
<td>Muslim, plus some local traditional African beliefs</td>
<td>Swahili – blend of Arabic and Bantu</td>
</tr>
</tbody>
</table>
This is a group of people who share a common culture.

These characteristics have been part of their community for generations.

Ethnic groups can have many things in common:

- Shared history, common ancestry, language, religion, traditions, beliefs, holidays, food, etc.

All of these things make up a common culture that is shared by the members of the ethnic group.
Religious Group

- This is a group of people who share a belief system. They believe in the same god (or gods) and have common sacred text with a specific set of rules about how to live.

- Religious groups have many things in common:
  - God(s), prophets, prayers, history, sacred text, religious laws, holy days, etc.

- People from different ethnic groups may share the same religion; however, they may be from different cultures.
Most Africans today are either Muslim or Christian, but traditional religions and customs still play a role in African culture.

Characteristics of traditional African religions include:

- Storytelling:
  - Creation stories
  - Kings are seen as gods
- Ancestor worship
- Rituals including art, music, fire, dance, food, drink
- Charms and amulets
- Animism:
  - Belief in spirits in nature
  - Prayers and offerings to spirits
Arabs
Most of Africa’s Arab population is found in the countries of Northern Africa.

While the majority of Arabs are in North Africa, the gold and salt trade spread the Arab culture beyond the Sahara into the Sahel region and beyond.
Arab people began to spread into North Africa in the late 600s, when the first Muslim armies arrived in Egypt.

Arab armies, traders, and scholars soon spread across northern Africa all the way to Morocco.
- Wherever the Arabs went, they took Islam and the Arabic language with them.
- Arabic was necessary to be able to read the Quran, Islam’s holy book.

The Arabic language, the religion of Islam, and many other aspects of Muslim culture became part of Africa.
Most Arabs, but not all, practice Islam.

The term “Arab” also includes Arabic-speaking Christians in Syria, Lebanon, Israel, and Jordan.
The term “Arab” refers to an ethnic group made up of people who speak the Arabic language.

- Some Jews, Kurds, Berbers, Copts, and Druze speak Arabic, but are not usually considered Arab.
Arab Girls’ School in Egypt
The majority of Arab people are found in Southwest Asia and northern Africa.

The language of the Arab people is Arabic.

Most Arabs, but not all, practice Islam.
Location

• Prior to European colonization, the Ashanti people developed a large and influential empire in West Africa.
• Today, they live predominately in Ghana and Ivory Coast.
  • The majority of Ashantis reside in Ashanti, Asanteman (currently a sub-nation within Ghana).
  • Asanteman has a population of 3,812,950.
• The total Ashanti population is over 7 million.
In 1701, a meeting of all the clan chiefs in the region was held. In this meeting, a Golden Stool was produced from the heavens by a priest and landed on the lap of Osei Tutu, the first king. The Golden Stool was declared to be the symbol of the new Ashanti kingdom.

The Golden Stool is sacred to the Ashanti, as it is believed that the kingdom will last as long as it remains in the hands of the Ashanti king.

The Golden Stool is an Ashanti legend and has only been seen by the tribe's royalty -- only the king and trusted advisers know the hiding place of the stool.
Golden Stool of the Ashanti (Replica)

Bells are attached to the side to warn the king of impending danger.
• Ashanti believe in a supreme god who takes on various names depending upon the region of worship.

• The Ashanti believe lower gods, like spirits, are on earth to assist humans.
  • Spirits receive their power from the supreme god and are most often connected to the natural world.
  • Ashanti priests serve the spirits and act as mediators between the supreme god and humans.

• This is called animism – the belief that natural physical entities, including animals, plants, and features of the earth, have a spiritual essence.

• Other religions (Islam & Christianity) are also practiced by many Ashanti.
The major dialect of the Ashanti language is called ‘Asante’, or ‘Twi’.

It is spoken in and around Kumasi, the capital of the former Ashanti empire, and within the current sub-national Asante Kingdom in Ghana.
Let’s Review

- They live predominately in Ghana and Ivory Coast.
- Most speak Twi (or Asante).
- The Ashanti religion is a mixture of spiritual and supernatural powers.
  - They believe that plants, animals, and trees have souls.
- The Golden Stool legend is very important to Ashanti culture.
Bantu generally refers to nearly 600 ethnic groups in Africa who speak Bantu languages.

The Bantu people are distributed throughout central and southern parts of the continent.

Bantu make up about two-thirds of Africa’s population and cover the southern half of the continent.

The word “bantu” means “the people”.

Location
The Bantu originally came from southeastern Nigeria and Cameroon, and then spread east and south near Zambia.

- Around 1000 CE, the Bantu reached present-day Zimbabwe and South Africa.

As they spread across the continent, they met many new people, learned new skills, and shared their customs and beliefs.
- They intermarried with the people, accepting new traditions and blending them with Bantu culture.

Bantu-speaking people settled as far south as the southern tip of Africa.
- The Bantu migration was one of the largest movements of people in Africa’s history.
Many Bantu people settled in areas where there was a strong Arab presence and are now Muslim.

Other Bantu people were influenced by missionary efforts in Africa and are now Christian.

Still others follow traditional African religions, like animism.

Animists believe that spirits are found in natural objects and surroundings.
• There are over 650 different Bantu languages and dialects.

• Today, close to 70 million people across the southern half of Africa speak Bantu-based languages and share some part of Bantu culture.
The Bantu people are found throughout Sub-Saharan Africa.

Bantu is usually known more as a language than an ethnic group.
- Bantu is a mixture of nearly 600 different ethnic groups combined.

There are over 650 different Bantu languages and dialects.

Bantu practice Islam, Christianity, & traditional African religions (animism).
The Swahili people inhabit the southern coast of East Africa, in Kenya, Tanzania, & Mozambique.

Members mostly reside in the eastern African Great Lakes region, along the Swahili coast.

The total population is 1,328,000.
The Swahili community developed along the coast of East Africa when Arab traders began to settle there and intermarry with the local Bantu-speaking population.

The groups’ name comes from the Arabic word “Swahili,” which means “one who lives on the coast”.

Swahili Women & Girls
Islam established its presence in the region during the 9th century, when Arab traders made contact with the Bantu people.

- Islam has been one of the factors that helped create a common identity for such a diverse group of people.

- Many among the Swahili also follow local religious beliefs that have been part of the culture of eastern Africa since before Muslim traders arrived.
Men & Boys
The Swahili speak the Swahili language as their native tongue.

While the Swahili language is considered a Bantu language, there are many Arabic words and phrases included as a result of interactions with early Arab traders.
Swahili Islamic School
Let’s Review

• The Swahili people are found in eastern Africa (Kenya, Tanzania, & Mozambique).

• The language they speak is Swahili.
  • This is a mixture of Arabic & traditional African languages.

• Most Swahili people practice Islam.
Directions: Locate and color the ethnic groups of Africa (Arab, Ashanti, Bantu, & Swahili) on the map of Africa below. Be sure to make a color-coded key for the map.
Four Perspectives Poetry - Teacher Directions

• You can have the students choose their ethnic group, or you can assign them one.

• Each student should complete the graphic organizer as if he/she is a member of the ethnic group. *This is the rough draft.

• Next, the student should write out the full poem on white paper.

• Finally, put the students in groups of 4—each ethnic group should be represented. They should cut out their poems and glue all 4 onto construction paper. *These make excellent hallway displays!
I am (ethnic group)

I hope

I dream

I say

I understand

I cry because

I worry about

I am (ethnic group)

I touch

I feel

I hear

I see

I wonder

I believe

I am (ethnic group)

Poem

Rough draft: You will need to rewrite your poem on a sheet of copy paper. It time, illustrate your

Ethnic Group Poem Brainstorm

Directions: Imagine that you are a member of one of Africa's ethnic groups (Africans, Ashanti, Bantu,
Who Am I?

Directions: If the people below were speaking about their ethnic group, what would they say? Fill in the speech bubbles below. You may include information about the group’s location, religious beliefs, ancestors, language, etc. We will read the speech bubbles aloud and see if the class can guess the ethnic group.

Arab

Ashanti

Bantu

Swahili
Ethnic Group Pen Pals - Teacher Directions

• You can have the students choose their ethnic group, or you can assign them one.

• After the students write their letters, I like to have them switch letters and read what someone from another group wrote.

• You can even have them answer the questions in the Pen Pal letter.
Ethnic Group Pen Pals

Directions: Imagine that you are a member of one of Africa's ethnic groups (Kikuyu, Ashanti, Dinka, etc.). Write a letter to a member of another ethnic group in Africa. Tell them about where you live, your beliefs, language, ancestors, etc. Also, include questions that you have about their ethnic group.
Teachers

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